

FREQUENTLY ASKED QUESTIONS

How will Cambridge Manor support 'aging in place'?

Cambridge Manor will offer multiple levels of care to support 'aging in place,' meaning that seniors will not have to move as their needs change over time. Cambridge Manor will be one of the few facilities to offer the continuum of aging in place with supportive living and long term care services, while being connected to a dedicated independent living facility. The independent seniors living complex adjacent to Cambridge Manor will be connected by a +30 walkway. This means that family with varying levels of care (such as a husband and wife, or even a senior couple with elderly parents) can enjoy independent living, while remaining as close as possible to their loved ones who require more care.

How does Cambridge Manor incorporate sustainable design?

Modern, spacious and distinguished, Cambridge Manor will be BUILT GREEN® certified. The Manor's design will take advantage of natural light and have measures to conserve energy, reducing energy costs, and minimizing the impact of the building on the environment. The building's footprint, best practice urban design and place-making principles are considered to ensure that the facility will be a long-term successful addition to University District and the community at large. The design of the site has been thoughtfully considered so that it strengthens the connection between the buildings, people and the urban context.

Who will the facility service?

Cambridge Manor will serve the local community's senior population, as well as host clinicians and researchers dedicated to advancing seniors care as well as provide multidisciplinary learning opportunities for students.

Cambridge Manor will serve seniors living with a range of abilities and requiring various levels of care, ranging from mild health conditions and early stages of cognitive decline, to chronic illnesses and advanced dementia.

What will the size of the Cambridge Manor facility be?

Cambridge Manor will be 217,000 sq. ft. in size with 240 units.

Where will the facility be located within University District?

It will be located at the corner of Shaganappi Trail NW and University Ave NW.

What will be offered (type of accommodation and program variety)?

Programs and services provided will focus on enhancing the health, wellness and independence of residents of Cambridge Manor and improving their quality of life including:

- Assisted living
- Long term care
- Specialized Dementia Care (including a secure unit)
- Access to 24 hours nursing care
- Support in performing activities of daily living
- Medication assistance
- Housekeeping and laundry services
- Meals and dietary services
- Recreation programs and activities
- Social worker services
- Wellness services such as physiotherapy and fitness programs
- Private studios plus one-bedroom apartments
- Ability for couples to live together in the same apartment
- Opportunity to be part of dynamic research and education environment
- Seniors health and wellness services and education

Amenities include numerous shared spaces like outdoor gardens, a games room, family dining room, and auditorium where residents can participate in activities and engage with members of the community.

There will also be multi-use spaces available for health and wellness seminars available for the community, creating an opportunity for engagement and connection with University District.

Why is this facility important?

The integrated approach to multi-level care and seniors' health and wellness services will:

- Facilitate continuity of care
- Allow spouses and family who need differing levels of care to reside in the same facility
- Enable residents of the community to access the care they need at the right time, in the right place, while remaining close to home and their network of supports
- Provide maximum flexibility and resident choice

Cambridge Manor's commitment to innovation will be underwritten with explicit focus in the areas of wellness, research and innovation and continuous quality improvement. Cambridge Manor will be an environmentally conscious health services facility where seniors will thrive together. It will include multiple levels of care to support "aging in place" so seniors do not have to move as their needs change. Close collaboration with the University of Calgary's Brenda Strafford Centre on Aging will enable researchers and students to study care delivery models and client outcomes of on-site care and services as part of a 'living laboratory' concept in a continuing care environment.



When is construction anticipated to start?

Construction of Cambridge Manor is expected to commence early in 2018.

When will the facility be open?

Cambridge Manor is expected to open Spring 2020.

When will the public be able to reserve spots & how?

Cambridge Manor will be open for bookings approximately one year prior to opening. Information about booking process will be announced closer to that time in early 2019.

What will the rates be?

In addition to the booking information, the rates will be announced approximately one year before opening, which will be available in early 2019.

What are the details of the Independent Living Building?

The building will be four (4) stories and will be connected to Cambridge Manor by a +30 walkway. The building will have an estimated 95 units. Residents of the independent living building will have access to a la cart services provided by Cambridge Manor. Sales information is anticipated late fall 2017.

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